



Once an intake assessment is scheduled, the following items should be brought to the appointment.

**Documents:**

- Birth Certificate
- Shot Records
- Medicaid Card
- Social Security Card
- Custody Decree (if applicable)
- Guardianship papers (if applicable)
- Copy of previous inpatient treatment records (if applicable)
- Court documents from any open or pending charges/proceedings

**Information:**

Name, address and phone number for:

- Outpatient counselor
- Psychiatrist (medication management)
- Primary care physician

**Medication:**

- Records of medications/allergies
- Names and dosages of all medications taken
- Reasons for medications given
- **Do not bring the physical medication.** You may take a picture of the name and dosage or write a list.

**Clothing:**

- 5 pairs of no-show socks
- 5 pairs of underwear (any kind)
- 3-5 pairs of sports bras (no metal underwire)

**Hygiene Products:**

\*\*\*Hygiene products must **NOT** contain alcohol\*\*\*

1. Toothpaste
2. Fine toothed hair comb- no handles
3. Deodorant (no roll on, no aerosol, only gel or powder stick)  
Recommended Brands: Toms, Mitchum
4. Recommended: 2 in 1 Shampoo/Conditioner
5. Recommended: 3 in 1 Shampoo/Conditioner/Body Wash