



Once an intake assessment is scheduled, the following items should be brought to the appointment.

**Documents:**

- Birth Certificate
- Shot Records
- Insurance Card
- Social Security Card
- Custody Decree (if applicable)
- Guardianship papers (if applicable)

**Information:**

Name, address, and phone number for:

- Outpatient counselor
- Psychiatrist (medication management)
- Primary care physician

**Medication:**

- Records of medications/allergies
- Names and dosages of all medications taken
- Reasons for medications given
- **Do not bring the physical medication.** You may take a picture of the name and dosage or write a list.

**Clothing:**

**\*\*ALL CLOTHING MUST HAVE CLIENT'S NAME ON THEM WITH A PERMENTANT MARKER\*\***

**\*\* Clients do not need to bring shirts; our facility provides T-shirts for each client\*\***

- 5 pairs of no-show socks
- 5 pairs of underwear (any kind)
- 3 sports bras (no metal underwire)
- 4 pairs of elastic waistband loose fitting pants or jeans (no strings, cuts or holes)  
**NO LEGGINGS OR TIGHTS**
- 1 pair of elastic waistband loose fitting shorts- must be fingertip length
- 1 pair of slip on or athletic shoes- shoe laces will be removed upon admission
- 1 Sweatshirt with **NO HOOD OR STRINGS**

**Hygiene Products:**

**\*\*HYGIENE PRODUCTS MUST NOT CONTAIN ALCOHOL\*\***

1. Toothpaste
2. Toothbrush
3. Deodorant (no aerosol)
4. Recommended: 3 in 1 Shampoo/Conditioner/ Body Wash (No Alcohol in Contents)
5. Hair Grease (if needed) (No Alcohol in Contents)
6. Lotion (if needed) (No Alcohol in Contents)